

TCA Lunch Menu

October 2025



Monday	Tuesday	Wednesday	Thursday	Friday
September 29 Athletics fundraiser Wendy's cheeseburger, fries, chicken nuggets, & dessert V - Grilled cheese sandwich, peas, fruit, dessert	September 30 Loaded nachos, vegetables, fruit V - Black bean loaded nachos, vegetables, fruit	1 Chicken noodle soup, cheese, crackers, fruit V - Vegetable soup, cheese, crackers, fruit	2 Sausage, roast potatoes, vegetables, fruit V - Veg. Sausage, roast potatoes, vegetables, fruit	3 Sr Trip Fundraiser Cheese or Pepperoni Pizza, chips, cookies
6 Athletics fundraiser Wendy's cheeseburger, fries, chicken nuggets, & dessert V - Uncrustable, peas, fruit, dessert	7 Chicken salad sandwiches, broccoli cheese soup, fruit V - Grilled cheese sandwiches, broccoli cheese soup, fruit	8 Sloppy Joes, vegetables, fruit V - Black bean sloppy Joes, vegetables, fruit	9 Red beans and rice with sausage, cornbread, fruit V - Red beans and rice, cornbread, fruit	10 ** EARLY RELEASE ** NO LUNCHES AVAILABLE
13 ** NO SCHOOL **	14 Corny dogs, potato wedges, vegetables, fruit V - Veg. Corny dogs, potato wedges, vegetables, fruit	15 Taco soup, cheese quesadillas, fruit V - Veg. Soup, cheese quesadillas, fruit	16 Cheesy chicken bacon ranch pasta, vegetables, fruit V - Cheesy bacon ranch pasta, vegetable, fruit	17 Sr Trip Fundraiser Cheese or Pepperoni Pizza, chips, cookies
20 Athletics fundraiser Wendy's cheeseburger, fries, chicken nuggets, & dessert V - Uncrustable, peas, fruit, dessert	21 Chicken tenders, tater tots, vegetables, fruit V - Impossible nuggets, tater tots, vegetables, fruit	22 Beef stroganoff, vegetables, fruit V - Mushroom stroganoff, vegetables, fruit	23 Baked potato soup with bacon, rolls, vegetables, fruit V - Baked potato soup, rolls, vegetables, fruit	24 Sr Trip Fundraiser Cheese or Pepperoni Pizza, chips, cookies
27 Athletics fundraiser Wendy's cheeseburger, fries, chicken nuggets, & dessert V - Grilled cheese sandwich, peas, fruit, dessert	28 Spaghetti with meat sauce, vegetables, fruit V - Chickpea pasta with marinara, vegetables, fruit	29 Beef enchilada casserole, chips and salsa, fruit V - Black bean enchilada casserole, chips and salsa, fruit	30 BBQ chicken sandwiches, vegetables, fruit V - BBQ Vegetarian nugget sandwiches, vegetables, fruit	31 Sr Trip Fundraiser Cheese or Pepperoni Pizza, chips, cookies